

Dr SHIBLEY RAHMAN

Curriculum vitae [correct as of 1 June 2018]

*Queen's Scholar BA (1st Class) MA PhD MB BChir (all Cambridge) MRCP(UK)
LLB(Hons) LLM (with commendation) MBA DipPGL*

Date of birth: 18 June 1974

Regulated: by both the Solicitors Regulation Authority [443548] and the General Medical Council [6031288] currently fully registered with a full license to practise.

LinkedIn profile: <http://www.linkedin.com/in/drshibleyrahman>

Key research interests

I have a very keen interest in the integration of frailty and dementia across different care settings, most accurately reflected in my recent publications. I have reached this interest business management.

Books

Rahman, S. (2019) Essentials of delirium, London: Jessica Kingsley Publishers.

Rahman, S. (2018) Living with frailty: from assets and deficits to resilience, Oxford: Routledge Books.

Rahman, S., Howard, R. (2018) Essentials of dementia, London: Jessica Kingsley Publishers.

Rahman, S, Myers, R. (2018, *in press*) Courage in healthcare – a necessary virtue or warning sign?, London: Sage Books.

Rahman, S. (2017) [foreword by Prof Sube Banerjee and Lisa Rodrigues; afterword by Lucy Frost] Enhancing health in dementia: a person-centred integrated approach, London: Jessica Kingsley Publishers.

Rahman, S. (2015) [foreword by Kate Swaffer, Chris Roberts and Beth Britton] Living better with dementia: good practice and innovation for the future, London: Jessica Kingsley Publishers.

Rahman, S. (2014) [foreword by Prof John Hodges, Prof Facundo Manes, Sally Marciano] Living well with dementia, Oxford: Racliffe Health.

**Winner of the Best Book for health and social care in BMA Book Awards 2015 **
<http://www.bma.org.uk/about-the-bma/bma-library/medical-book-awards/medical-book-awards-winners-by-category>

Other books

Rahman, S., Sharma, A. (2011) A complete MRCP Parts 1 and 2 Written Examination Revision Guide, Oxford, UK: Radcliffe Medical Publishers.

Rahman, S., Sharma, A. (2010) Revision notes for MRCP Part 2 PACES, Delhi, India: Jaypee medical publishers.

Rahman, S., Sharma, A. (2009) MRCP Part 2 Best of five practice questions (with explanatory answers) (*Masterpass series*), Oxford, UK: Radcliffe Medical Publishers

Reviews and opinion papers

Rahman, S., Dening, K., Dening, T. (2018, *in press.*) Frailty and dementia: is the glass half full or is the glass half empty? Nursing Times.

Rahman, S., Dening, K. (2016) The need for specialist nurses in dementia care, Nursing Times, vol. 112 no. 16, pp.14 – 17.

Rahman, S., Robbins, T. W., Cardinal, R.N., Sahakian, B.J. (2001) The neuropsychiatry of decision-making, Trends in Cognitive Sciences, 5(6): 271- 277.

Rahman, S., Sahakian, B.J., Robbins, T.W. (1999). Comparative studies in frontal lobe function: what they reveal about possible therapeutic strategies in frontal variant frontotemporal dementia, Dementia and Geriatric Cognitive Disorders, 10 Suppl 1:15-28.

Book chapters

Rahman, S., Sahakian, B.J. (2001) “Dementia. Chapter in: Textbook of Clinical Pharmacology”, London: McGraw Hill Publishers.

Rahman, S., Sahakian, B.J., Gregory, C.A. (2001) “Therapeutic strategies in early onset dementia” in: Early Onset Dementia (ed. J.R. Hodges), Oxford: Oxford University Press.

Rahman, S., Swainson, R., Sahakian, B.J. (2001) “Dementia of the Alzheimer type” (in “Early Onset Dementia”, ed. Owen, A.M.), London: Martin-Dunitz.

Original empirical papers

(* Rahman, S., Griffin, H.J., Quinn, N.P., Jahanshahi, M. (2011), “On the nature of fear of falling in Parkinson's disease”, Behav Neurol, 2011;24(3):219-28.

(* Rahman, S., Griffin, H.J., Quinn, N.P., Jahanshahi, M. (2008), “Quality of life: the relative contribution of physical symptoms”, Mov Disord, 23(10): 1428-34.

(* Rahman, S., Griffin, H.J., Quinn, N.P., Jahanshahi, M. (2008) “The factors that induce or overcome freezing”, Behav Neurol, 19(3): 127-36.

Rahman, S., Sahakian, B.J., Nestor, P.J., Hodges, J.R., Robbins, T.W. (2005)
“Methylphenidate (Ritalin) can Ameliorate Abnormal Risk-Taking Behavior in the Frontal Variant of Frontotemporal Dementia”, Nature (Neuropsychopharmacology), 31(3): 651-8.

Rahman, S., Sahakian, B.J., Nestor, P.J., Hodges, J.R., Robbins, T.W. (2004)
“Paroxetine does not improve symptoms and impairs cognition in frontotemporal dementia: a double-blind randomized controlled trial”, Psychopharmacology (Berl), 172(4): 400-8.

Lee, A.C., Rahman, S., Hodges, J.R., Sahakian, B.J., Graham, K.S. (2003)
“Associative and recognition memory for novel objects in dementia: implications for diagnosis”, Eur J Neurosci, 18; 1660-1670.

Rahman, S., Sahakian, B.J., Hodges, J.R., Rogers, R.D., Robbins, T.W. (1999)
Specific cognitive deficits in early frontal variant frontotemporal dementia, *Brain*, 122
(Pt 8):1469-93 [accompanied by a Wellcome Trust Press Release, August 1999 and
presented at the Society for Neurosciences, Miami (1999)].

<http://brain.oxfordjournals.org/content/122/8/1469.short> : this has been cited over
280 times, including by all the major leading laboratories in this field; furthermore it
is cited in the current Oxford Textbook of Dementia chapter on dementia (chapter
24.2.2, ed. John Hodges, 5th edition published by Oxford University Press, 2011)

Online article

Health Services Journal (March)

“Social enterprises are driving the next chapter in dementia care”

<https://www.hsj.co.uk/topics/technology-and-innovation/social-enterprises-are-driving-the-next-chapter-in-dementia-care/5069312.article>

Education and scholarships

BPP LAW SCHOOL, HOLBORN January 2012 – June 2013

Postgraduate diploma in Law (Pass) Scholarship

(pass mark necessary = 50; core practice areas: litigation (civil and criminal) 62%, business law and practice 59%; property law and practice 50%; elective subjects: commercial law and intellectual property 55%, advanced commercial litigation 53%; employment law 63%; core skills: writing PASS, practical legal research PASS, advocacy PASS, interviewing and assessing PASS, tax PASS, solicitors accounts 61%, professional conduct and regulation 50%, advocacy PASS, wills and administration of estates 80%, writing PASS).

BPP BUSINESS SCHOOL, THE CITY January 2011 – January 2012

Master of Business Administration (Pass) Scholarship

(pass mark necessary = 50; all examinations passed at first attempt, including managerial decision-making 67% (May 2011), markets and marketing 64% (1st in entire cohort, May 2011), organisations and leadership 68% (September 2011), strategy, systems and organisations 62% (September 2011; special electives in innovation management 62% (1st in the entire cohort, January 2012), international marketing 54% (1st in the entire cohort January 2012), managing people for performance 56% (January 2012), advanced strategy analysis and implementation 73% (2nd in the entire cohort, January 2012), and ‘the business intelligence project’ 63% (final dissertation).

This is the primary postgraduate degree for all detailed business management studies. I particularly enjoyed my studies of embracing innovation in competitive corporate cultures, performance management (including complex human resources and recruitment issues), organisations and leadership, and marketing communication strategy.

**COLLEGE OF LAW OF ENGLAND AND WALES September 2008 –
December 2010**

Master of Laws (in international corporate law) (Commendation)

(pass mark necessary = 50; marks: international arbitration practice (60%, June 2010), business, finance and legal practice (75%, June 2009), international commercial legal practice (63%, December 2008), international capital markets and loans (57%, June 2009), international mergers and acquisitions practice (50%, December 2009), international public companies law (65%, December 2008), final practice-focused dissertation on ‘a business client wishing to pursue cloud computing’ (63%, December 2010)).

BPP LAW SCHOOL, WATERLOO September 2006 – September 2008
**Graduate Diploma in Law and Bachelor of Laws (high II.2 – please see
explanation of ‘extenuating circumstances’ below)**

(pass mark necessary = 40; GDL marks: English legal system (72%, October 2006), coursework (55%, October 2006), independent research essay (40%, July 2008), case analysis (74%, June 2008), statute analysis (72%, June 2008), contract law (51%, June 2008), law of torts (44%, June 2009), constitutional and administrative law (45%, June 2008), criminal law (48%, August 2008), land law (41%, June 2008), equity and trusts law (43%, June 2008), European Union law (60%, June 2009); LLB marks: legal analysis and research (64%, August 2008), English company law (60%, August 2008).

UNIVERSITY OF CAMBRIDGE 1993-2001 various degrees

Foundation scholarship, Cambridge (1996), and prize for the highest mark in the Natural Sciences Tripos Part II (any biological subject)

July 2001 Bachelor of Medicine, University of Cambridge (pass)

January 2001 Bachelor of Surgery, University of Cambridge (pass)
Doctor of Philosophy, University of Cambridge

June 1999 Master of Arts, University of Cambridge

June 1996 Bachelor of Arts, University of Cambridge
Natural Sciences Tripos Part II, Neuroscience
(second highest First in the University, 76%)

Ph.D. degree, “Executive and mnemonic function in frontal lobe dementias”, awarded from the University Cambridge with no corrections mandated

This was completed on time, with examiners, Prof Ray Dolan from the Wellcome Department for Functional Neuroimaging, Institute of Neurology, and Dr Kim Graham from the MRC Cognition and Brain Sciences Unit.

OTHER QUALIFICATIONS

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|----------------|---|
| September 2009 | PRINCE2 practitioner status ('Projects In Controlled Environments' – qualification in competence in project management) |
| May 2005 | Diploma of the Membership of the Royal Colleges of Physicians (MRCP(UK)) |
| November 2003 | Advanced Life Support Certificate, Resuscitation Council (UK) Following Northwick Park ALS course ref. L/NPH/03/388DD |

WESTMINSTER SCHOOL, LONDON

11 GCSEs all at 'A' grade; 2 Additional subjects at 'A' grade; 4 GCE 'A' levels all at 'A' grade (with 2 grade 1s in S Mathematics and STEP Chemistry).

Queen's Scholarship, 1987

Extenuating circumstances

I survived a six-week coma in 2007 due to acute meningitis, having been admitted with a cardiac arrest, epileptic seizure, but with emergency intubation. I am grateful to the medical team at the Royal Free NHS Foundation Trust for their medical management of me on their Intensive Therapy Unit, and the neurorehabilitation.

Relevant work experience

May – September 2011

Caseworker in welfare benefits and development of marketing strategy, 79

Golborne Road, London. W10

To research points of law, draft letters, relevant relevant cases, Communicate with the clients, development of law centre strategy.

December 2009 – July 2011

Freelance researcher, Alzheimer's Office (Head Office)

Not an employee of the Alzheimer's Society, but instructed to complete two independent freelance tasks. Contributed to, as part of project team: (1) Successful submission to OFQUAL for the Alzheimer Society to become an accreditation body for the award of national qualifications in dementia; (2) successful award of the 'NHS Information Standard' after thorough critical review of all their medical publications.

October 2008 – September 2009

Volunteer in communications, British Lung Foundation (Head Office)

Production of news articles on their website (www.blf.org.uk/). I also researched the current evidence-base for their leaflets and booklets in preparation for NHS Information Scheme accreditation. I set up this project for them, and the Society was subsequently awarded the Information Standard.

May 2005 – May 2006

Post-doctoral academic research fellowship in movement disorders, Institute of Neurology under Prof Marjan Janahshahi

Design, analysis and publication of three questionnaire studies into well-being in Parkinson's disease (referred to below as (*))

January 2001 – December 2003

Equivalent of “Foundation Year Doctor”, National Health Service

2 years 9 months post qualification experience

August 2003 – January 2004

Senior House Officer in general medicine (SHO) (interstitial lung disease, asthma)
(Royal Brompton Hospital, London)

January 2003 – July 2003

Senior House Officer in general medicine (SHO) (general medicine, medicine for the elderly) (Northwick Park Hospital, London)

August 2002 – January 2003

Senior House Officer in general medicine (SHO) (general medicine, cardiology, clinical pharmacology) (Hammersmith Hospital, London)

January 2002 – July 2002

Senior House Officer in neurology (SHO) (general neurology, neuropsychiatry, neurogenetics, muscle, and dementia and cognitive disorders (National Hospital for Neurology and Neurosurgery, London) (Prof Martin Rossor; also Prof Jackie Foong, Prof Michael Trimble, Prof Nick Fox, Prof Mike Hanna, Prof Andrew Lees, Prof Niall Quinn)

August 2001 – January 2002

House Officer in general surgery (PRHO) (general surgery and vascular surgery), Norfolk and Norwich Hospital, Norwich

January 2001 – July 2001

House Officer in general medicine (PRHO) (general medicine and medicine for the elderly), Addenbrooke’s Hospital, Cambridge (Prof Tim Cox)

1997-2000

Supervisor in finals for Natural Sciences Tripos Part II at the University of Cambridge in neuroscience and experimental psychology and supervision of other Ph.D. students

Clinical neurology presentations

2002 Numerous presentations for the Ground Round, National Hospital for Neurology and Neurosurgery, Queen Square, London.

2002 December: on behalf of the Middlesex firm at Queen Square (Prof Michael Hanna and Prof Andrew Lees), a clinical presentation of a man with POEMS syndrome

2002 November: on behalf of Prof Jeremy Rees' firm, a clinical presentation of a lady with a progressive cerebellar syndrome, working diagnosis of anti-Ma2 paraneoplastic syndrome

2002 November: on behalf of Prof Michael Hanna's firm (with Prof Kailash Bhatia), a clinical presentation of a gentleman with a possible dopa-responsive dystonia or Neumann-Pick type III syndrome.

2002 October: on behalf of Prof Martin Rossor's firm (and the cognitive disorders and dementia groups), a clinical presentation of a gentleman with a progressive personality change and decline in memory, working diagnosis HIV-dementia.

2002 Winter meeting, British Neuropsychiatric Association (BNPA): "The social brain"

1999 British and French Huntington's Disease Transplantation Groups (joint meeting)

Positions of responsibility

December 2015 – current

Programme Board member, development of a new M.Sc. in “Dementia Practice and Leadership” at BPP School of Health Sciences, London (chairperson of external validation committee is Prof Susan Benbow, Staffordshire University).

October 2015 – current

Expert national advisory group member for evaluation and research and expert member in the strategy analysis and implementation team, Dementia(UK)

Awarded membership of the Royal College of Physicians of London

April – June 2015

Volunteer researcher in public health in Southwark on community neurorehabilitation to improve service quality.

March 2015

Member of the International Advisory Board, Alzheimer’s Disease International conference 15-18 March 2015 (@ADIConference), Perth Australia.

2011-2013

President, BPP Legal Awareness Society

2011-2013

Fellow of the Royal Society for Encouragement in the Arts, Commerce and Entrepreneurship (FRSA)

Recent presentations/conferences

Regular attendee at the Pick's Disease Support Group, University College, London.

2016:

March 15 : Delegate (King's Fund) - Delivering integrated care for older people with frailty

Selected to give a talk in the policy stream of Alzheimer's Disease International on the importance of human rights, the social model of disability and dementia (21-25 April 2016 in Hungary, Budapest); title: "*The level of awareness of international human rights underpinning rights-based advocacy for dementia*" in the parallel session 2 – "Law, ethics and the rights of people with dementia."

Invited speaker at #WHIS16 (World Innovation Summit); Cumbria – May 11 2016; London – May 26 2016.

Invited speaker at Annual Conference for the Community Hospitals Association (May 13 – 16 2016).

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| September 24: Invited speaker 'Living well with dementia', British Geriatrics Society (West Midlands), Birmingham |
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November 1: Delegate (King's Fund) - How to involve and co-produce with patients and communities

2015:

Panel member at the King's Fund meeting, "Leading change in dementia diagnosis and support", 24 February 2015

Member of the International Advisory Board, Alzheimer's Disease International conference 15-18 March 2015 (@ADIConference), Perth Australia.

Reviewed 50 abstracts for @ADIConference; presented abstracts

P183. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes. (Argentina), Lucy Jane Marsters (England, UK): Specialist nurses should form part of the post-diagnostic care and support network for living well with dementia

P187. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes. (Argentina). Who were the biggest winners and loses of the ‘G8 summit’? An online survey.

P202. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes. (Argentina). An analysis of 75 English language online articles on the ‘G8 summit’.

and presented talk

OC84. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes (Argentina): Would future NHS dementia lend itself to private markets?

Presented four public hour-long lectures for the general public on English dementia policy, BPP Law School, London (Wed June 10th, Thu July 23rd, Thu Aug 20th and Thu Sep 17th 2015).

Presented ‘Meet the author’ – Alzheimer’s Show, London Olympia, 6th June 2015
Delegate (sponsored) at the King’s Fund meeting, “Enhancing health in care homes”, 2 July 2015.

Invited speaker at PeuchaKucha day on public awareness of dementia at Newnham College, Cambridge (24 October 2015).

25th Alzheimer Europe Conference “Dementia: putting strategies and research into practice” held in Ljubljana, Slovenia” 2-4 September 2015

P4.5. Shibley Rahman (United Kingdom) Specialist nurses should form part of the post-diagnostic care and support network for living well with dementia.

October 19. Peucha Kucha talk on risk and dementia. Newnham College, Cambridge.

October 30. Talk on the use of social media and research. Camden, Open University.

2014:

Dementia Action Alliance Annual Conference (October)

Alzheimer's Show London Olympia, presented "Living well with dementia" (5-6 June)

Alzheimer's Show Manchester, presented "Living well with dementia" (4-5 July)

Alzheimer's Association International Conference presented "Living well with dementia" (13-16 July)

Alzheimer's Europe Conference [Glasgow] (October-November)

Abstracts I presented at @Alzheimer Europe Glasgow (20-22 October 2014)

P14.4. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes (Argentina): Would future NHS dementia care easily lend itself to private markets?

PO124. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes (Argentina): Who were the biggest winners and losers of the G8 Dementia Summit? An online survey

PO167. Dr Shibley Rahman (England, UK), Kate Swaffer (Australia), Dr Peter Gordon (Scotland), Prof Facundo Manes (Argentina): An analysis of 75 English language online articles on the G8 Dementia Summit

Dementia Action Alliance – annual conference 2 December 2014

Dementia Action Alliance Carers Call to Action – annual conference 6 October 2014

May 2010: attended the World Federation of Neurology (division of cognitive disorders and aphasia) conference on Heybeliada, off Turkey, to discuss the diagnosis of behavioural variant frontotemporal dementia, the subject of my Ph.D. This was at the invitation of Prof Facundo Manes, INECO, Buenos Aires, Vice-President of the World Federation of Neurology.

Activities

Previous Dementia Friends Champion: I retired from this voluntarily in June 2016. This initiative from the Alzheimer's Society and Public Health England comprises giving of information sessions on dementia around the country as a public health awareness exercise. I have given, and continue to give, a number of sessions in London @BPPLawSchool.

Administrator for Facebook 'Dementia Friends Champions London' group.

IT: Microsoft Office, SPSS, full Adobe Design Suite (especially Photoshop, InDesign and Illustrator).

Langages: English (native), French (advanced), Spanish, Italian, Brazilian Portuguese (all Basic).

Photography: Nokia and Canon SLR cameras, Samsung live streaming

Occasional reviewer of neurology papers for Brain (1997-2000) and Dementia and Cognitive Disorders (2015).

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